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Positive Deviance: A timely approach to hand hygiene improvement during the COVID-19 pandemic

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HAND HYGIENE

We are now approaching one year since The World Health Organization declared the coronavirus outbreak (COVID-19) to be a global pandemic. Since the outset, infection prevention and control professionals (ICPs) have been working tirelessly to prevent the transmission of the virus, elevating hand hygiene to the highest of priorities.

The valuable role of ICPs has been brought to the forefront through this pandemic. However, leading hand hygiene improvement efforts has been challenging for most ICPs with their time and resources being diverted by COVID-19 outbreak management. It is now more imperative than ever for those on the frontlines of patient care to step up and lead hand hygiene efforts.

Many different strategies have been attempted over the decades to improve hand hygiene. But one stands out as particularly relevant during this time. Positive deviance is a behavioral change process based on the premise that "in every community there are certain individuals or groups whose uncommon behaviors and strategies enable them to find better solutions to problems than their peers, while having access to the same resources and facing similar or worse challenges."1

We can apply this concept in healthcare by considering the nursing unit as the community and lifting up healthcare workers with exemplary hand hygiene practices as role models. The basic premise of positive deviance is to promote a frontline ownership approach allowing designated role models to lead the way.2

In several studies, 3,4,5 nurse managers began the process by selecting a few healthcare workers who not only exhibited exemplary hand hygiene practices but also expressed the desire to lead their peers in new ways of thinking about hand hygiene and strategies for improvement. In these studies, role models led peer-to-peer activities including:

- 1. Twice-monthly meetings to discuss hand hygiene and ways to improve.
- 2. Feedback about hand hygiene performance data.
- 3. Recognition of others with good hand hygiene performance (including physicians).
- 4. Opportunities to share feelings about hand hygiene, current challenges, and changes needed to facilitate better access to products, e.g., best placement for hand sanitizer dispensers.

During these turbulent and chaotic times, it may be easy to let recognition of others fall by the wayside. However, frontline staff have expressed a great sense of pride in being recognized by their managers and their peers for their leadership in providing quality patient care. 4,6 ICPs can initiate the implementation of a positive deviance approach to hand hygiene improvement by partnering with nurse managers in communicating their appreciation of frontline role models and encouraging them to step up and lead.





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- Cleans and moisturizes.
- GOJO Industries, Inc., Market Research Internal Market Research, 015-063, 7 April 2015.
- ² Nielsen Sales 52wk ending 1/4/20.
- ³ Edmonds, et al. Comparative efficacy of commercially available alcohol-based hand rubs and World Health Organization-recommended hand rubs: formulation matters. Am J Infect Control. 2012 Aug; 40(6):521-5.
- Healthcare Personnel Handwash Study #100907-101, January 6, 2011, BioScience Laboratories, Bozeman, MT. Healthcare Personnel Handwash Study #111209-101, March 8, 2012, BioScience Laboratories Bozeman, MT. When tested using the HCPHW test methodology against other hand sanitizers commonly used in healthcare facilities



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