



GOJO Industries, Inc.
One GOJO Plaza, Suite 500
P.O. Box 991
Akron, OH 44309-0991
Tel: 1-330-255-6000
Toll-free: 1-800-321-9647
Fax: 1-800-FAX-GOJO
www.GOJO.com

Good Hand Hygiene: One of the best defenses in stopping the spread of germs that may cause illness

Major world health organization, including the Centers for Disease Control and Prevention (CDC) and the Public Health Agency of Canada, recommend practicing good hand hygiene, which includes handwashing with soap and water or using an alcohol-based hand sanitizer.

What is proper hand hygiene?

Proper hand hygiene is accomplished through either handwashing with soap and water or using a hand sanitizer, and by conditioning your skin with moisturizers.

How do I properly wash my hands?

1. Wet your hands under warm running water.
2. Use enough soap to thoroughly wash your hands, rubbing your hands together vigorously to make a soapy lather. Lather for 10 to 15 seconds. Be sure to wash the front and backs of your hands as well as between your fingers and under your nails.
3. Rinse your hands thoroughly.
4. Dry your hands completely with a clean paper towel. Use the paper towel to turn off the water faucet.
5. To help prevent dryness and chapping, use a moisturizing lotion on your hands. Even tiny cracks in the skin can harbor germs and leave you vulnerable to infection and illness.

When should I use an alcohol-based hand sanitizer?

PURELL® should be used after and in between normal handwashing, when hands are not visibly soiled, or when no water and soap are available.

How do I use PURELL?

Place enough product in your palm to thoroughly cover your hands. Be sure to sanitize the front and backs of your hands as well as between your fingers and under your nails. Rub hands together briskly until dry. No rinsing required. No towels needed.

Where can I find more information about PURELL and other GOJO products?

For home use, visit www.PURELL.com. For businesses, visit www.GOJO.com. Or, contact the GOJO Customer Interaction Center at 1-800-321-9647.